

PA SHRM ANNUAL CONFERENCE SEPTEMBER 12-13, 2024 STATE COLLEGE, PA

### Using DiSC To Improve Communication, Engagement and Retention



**ConfidentCommunicator.com** Training For Leaders, Managers & Teams





Crucial Conversations FOR ACCOUNTABILITY





## **Today's Objectives**



- The 4 DiSC<sup>®</sup> Styles
  - Communication
  - Engagement
  - Retention
- New DiSC<sup>®</sup> Tools For HR







# 86%

Of employees and executives cite lack of collaboration or ineffective communication for workplace failures.

Salesforce









### Virtual teams are as much as 3x more likely to engage in backstabbing, gossip, undermining, passive aggression, etc.

Vital Smarts Research









# **69%**

### Of managers are not comfortable communicating with employees in general.



HR Technologist







# 97%

Of leaders agree that developing emotional intelligence is crucial to building an agile workforce.

John Wiley and Sons, Inc.











### Communication is the top-rated skill sought by hiring managers (even higher than teamwork)

MBA.com







62%

of respondents reported a **change in their manager** over the past two years



of individual contributors surveyed agreed that **their manager has an impact on their well-being** at work



stated **they have left a job** in the past because of their manager 98%

agreed **managers play a critical role** in building an engaged and connected organizational culture



## How to Stop The Great Resignation

Hint: It Starts with Managers



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### RATE THE FACTORS THAT KEEP PEOPLE IN A JOB

### **Employee Views**

1. Valued by organization

### 2. Valued by manager

- 3. Sense of belonging
- 4. Potential for advancement
- 5. Having caring and trusting teammates
- 6. Flexible work schedule

### **Employer Views**

- 1. Looking for a better job
- 2. Inadequate compensation
- 3. Poor health
- 4. Development opportunities
- 5. Poached by another company
- 6. Ability to work remotely

### 18. Valued by manager





### The actual costs of ineffective teamwork



Employees spend **7 hours a week** dealing with the effects of poor teamwork.

- Covering for someone else not pulling their weight
- Discussing problematic team members with others
- Redoing work because of unclear objectives.

71%

of respondents said a lack of trust created a toxic work environment.



The Five Behaviors

### Improve Communication, Improve Engagement, Retention, and Productivity

# 80%

Of workers feel stressed due to ineffective company communication, and

# 63%

of employees considered quitting due to frustration with poor communication.

Dynamic Signal's 2020 State of Employee Communication and Engagement Study

# Top 5

Communication is one of the top five factors contributing to employee job satisfaction (and therefore retention).

SHRM's Employee Job Satisfaction and Engagement Report (2016)

# **3.5**x

Organizations with strong communication practices are 3.5 times more likely to outperform their peers.

Quantum Workplace





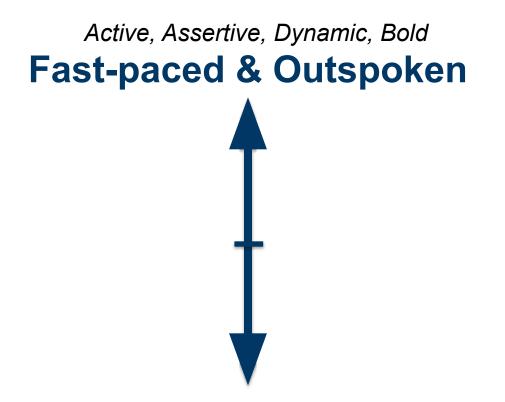
# **DiSC<sup>©</sup> Review**





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### **Cautious & Reflective**

Moderate-paced, Calm, Methodical, Thoughtful



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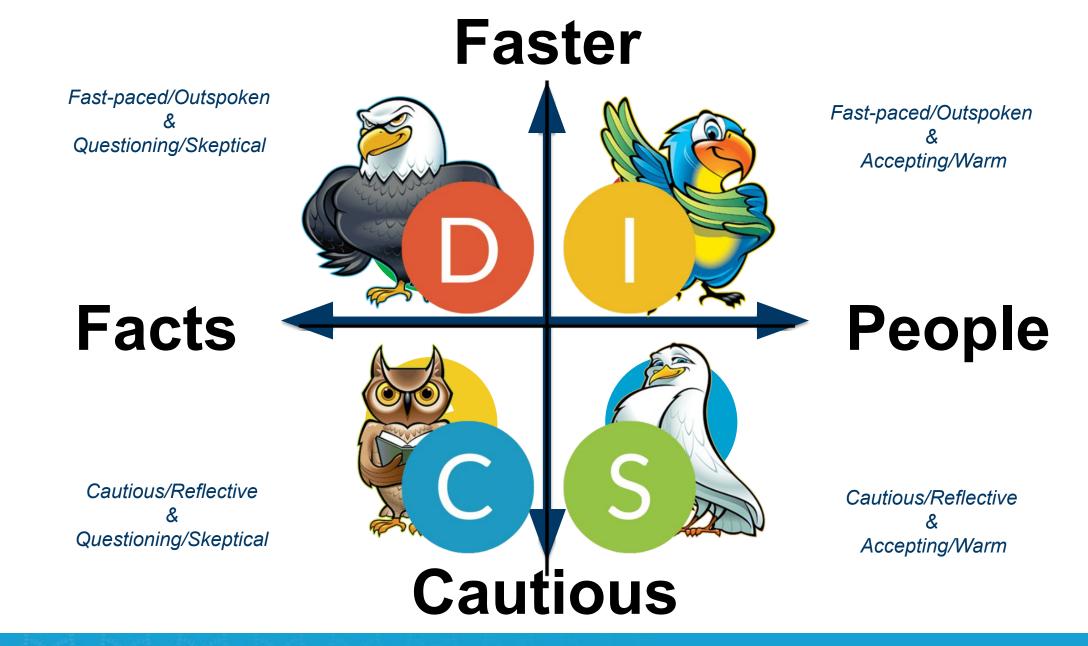
# Questioning & Accepting & Skeptical Warm Logic-focused, People-focused, Objective Deserved Empethizing Deserved

Objective, Reserved, Challenging People-focused, Empathizing, Receptive, Agreeable

15







16

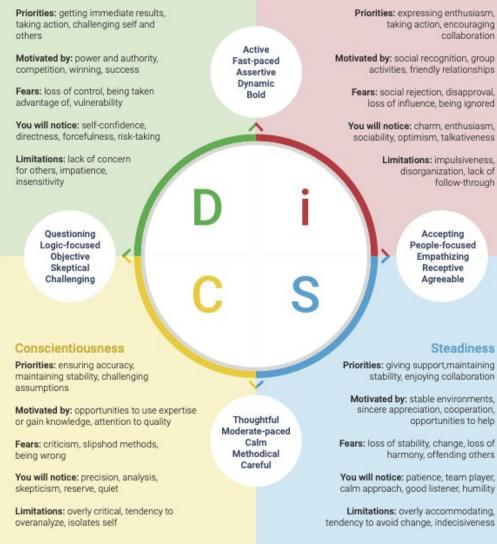




### **DiSC Map**

- Each style has different communication needs and expectations
- Their style may not be yours
- Everyone communicates differently and has blind spots
- It's not what you say, but how you say it

#### Dominance



EVERYTHING A Wiley Brand

influence



### **Pocket Interaction Guide**

- Anticipate the other person's communication needs
- Adapt as needed
- It's not what you say, but how you say it

#### Dominance

#### WORKING EFFECTIVELY WITH THE D STYLE

#### When Trying to Connect

- Make efficient use of time
- Focus on the topic at hand and avoid going off on
- tangents
- Expect candor

#### When Problems Need to Be Solved

- · Be aware that they respond well to bold or daring ideas
- Avoid suggesting unrealistically positive scenarios
- Focus on the big picture and avoid overanalysis

#### When Things Get Tense

- Address issues quickly and directly
- Resist the urge to give in to their demands just to regain harmony
- Avoid taking bluntness personally

#### WORKING EFFECTIVELY WITH THE C STYLE

#### When Trying to Connect

- Talk to them about the objective, fact-based aspects of ideas and projects
- Avoid pressuring them for an immediate decision
- Expect skepticism

#### When Problems Need to Be Solved

- Allow them time for careful analysis
- Show appreciation for their logic
- · Don't let them get bogged down in the details

#### When Things Get Tense

- · Support your opinions with logic and facts
- Give them space to process the situation before confronting the issues
- Avoid using forceful or emotional tactics

#### Conscientiousness

#### influence

#### WORKING EFFECTIVELY WITH THE I STYLE

#### When Trying to Connect

- · Be open to collaboration
- Recognize the value of their energy and enthusiasm
- Find ways to recognize them so they feel well-liked and appreciated

#### When Problems Need to Be Solved

- Remain optimistic while considering all potential issues
- · Show them that you're open to creative solutions
- Expect spontaneity

#### When Things Get Tense

ACTION

STABILITY

RESULTS

ACCURACY

D

ENTHI

S

- · Avoid personal attacks that could escalate the conflict
- Acknowledge the importance of their feelings
- Let them know that your relationship is still solid despite your differences

#### WORKING EFFECTIVELY WITH THE S STYLE

#### When Trying to Connect

- Show warmth and concern for their feelings
- Offer your point of view, but take an easygoing approach
- Work collaboratively with them

#### When Problems Need to Be Solved

- · Respect their cautious pace
- Consider other people's feelings when making decisions
- Set a timeline that fits everyone's needs

#### When Things Get Tense

- · Address the situation directly without being
- confrontational
- Avoid forceful tactics or dismissing the conflict completely
- Show that you sincerely care about resolving the issues

#### Steadiness





# Use DiSC<sup>©</sup> to Improve Interpersonal & Workplace

# Communication







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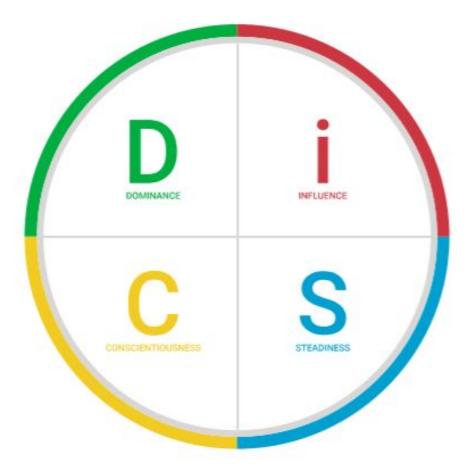
## The DiSC<sup>®</sup> Model Helps Us Understand People

### DOMINANCE

- Direct
- Firm
- Strong-willed
- Forceful
- Results-oriented

### CONSCIENTIOUSNESS

- Analytical
- Reserved
- Precise
- Private
- Systematic



### INFLUENCE

- Outgoing
- Enthusiastic
- Optimistic
- High-spirited
- · Lively

### STEADINESS

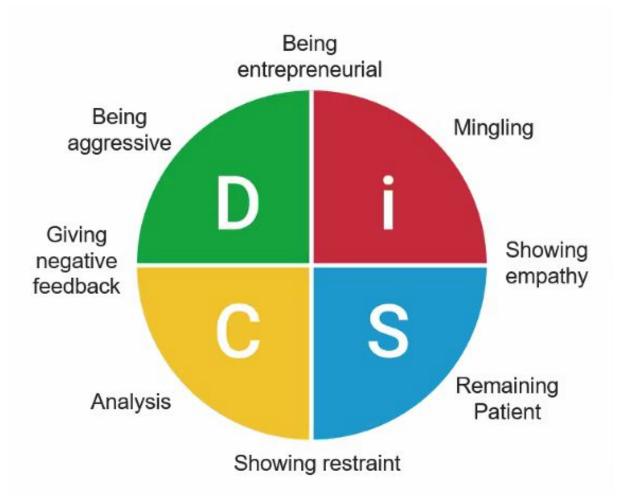
- Even-tempered
- Accommodating
- Patient
- Humble
- Tactful







### What's natural to them

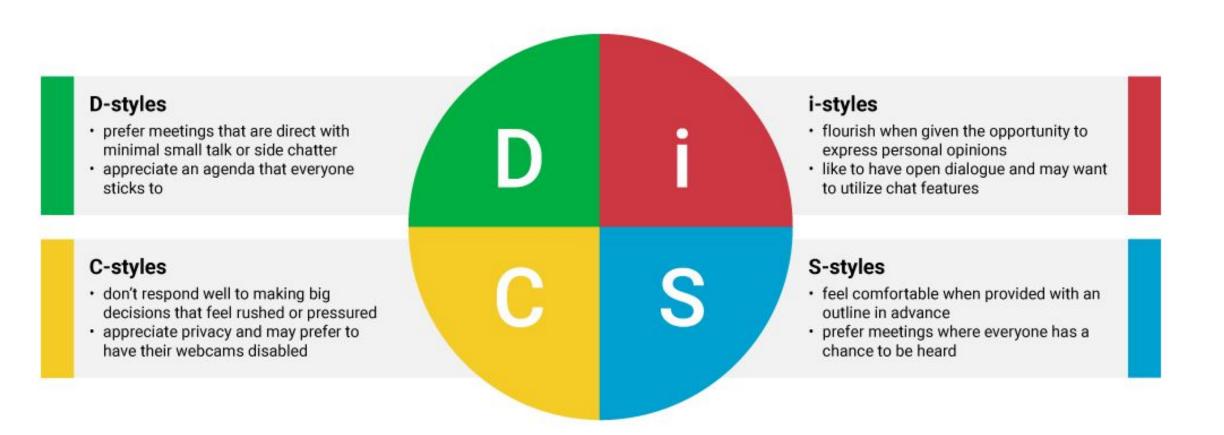








## How they prefer to meet

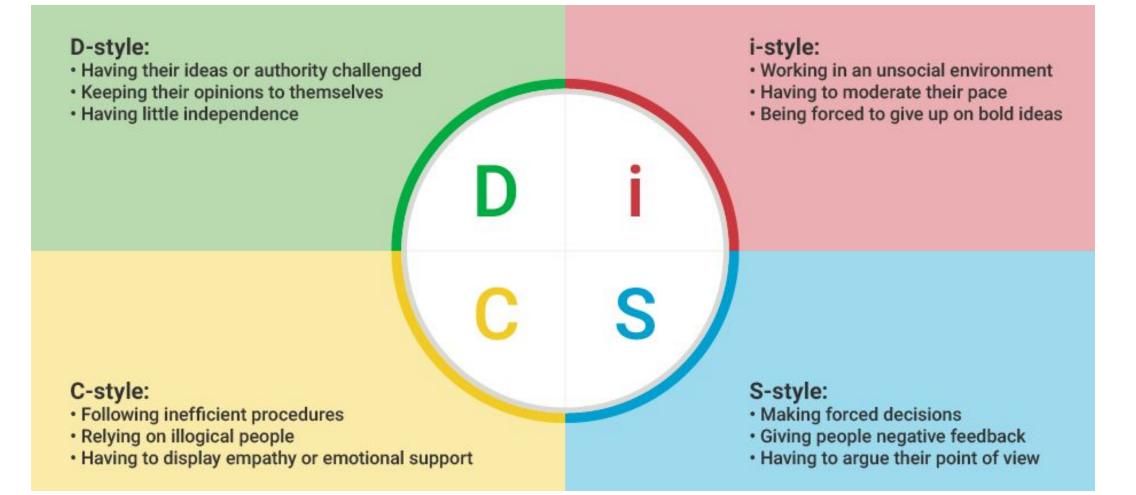








## **Some of their stressors**









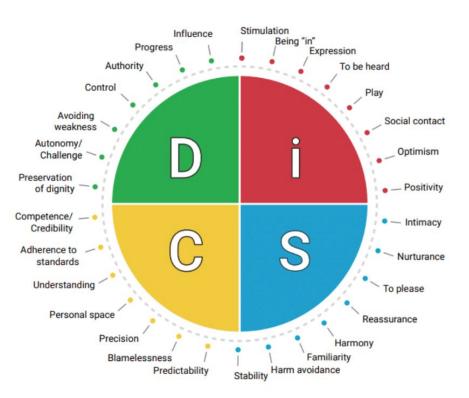
# **Decision Making Tendencies**

### "Let's get to the root cause."

- Wants to make decisions
- Independent
- Wants only essential facts
- Big picture reasoning
- Risk-taker
- Quick

### "Let's analyze all the angles."

- Avoids risk
- Wants to make the correct decision
- Cautious / won't rush
- Follows rules
- Focuses on data and details



### "Let's talk about it."

- Wants the popular decision
- People-focused
- Doesn't need lots of information
- Optimistic
- Uses gut feeling / intuition
- Quick / impulsive

### "Let's make sure we hear all the perspectives."

- Considers people close to the issue / team
- Looks for sounding board / support for ideas
- Cautious & slower
- Doesn't want to disappoint



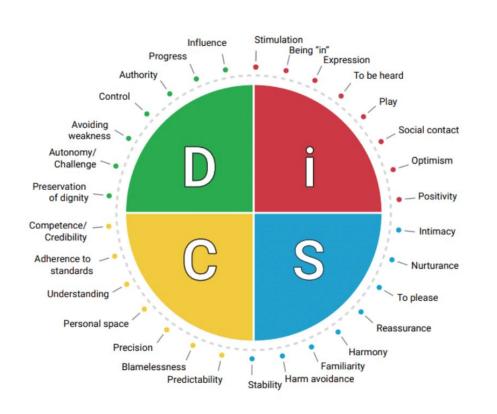




## **Reaction To Lack Of Clarity**

Likely to push back and resist, showing overconfidence.

Tend to be solitary and may simply focus on on their own objectives, deepening the sense of misalignment



Prone to impulsiveness and may be disorganized at times, so without clear goals they may simply fail or not follow through.

May second-guess themselves and their work, which may impede their productivity.

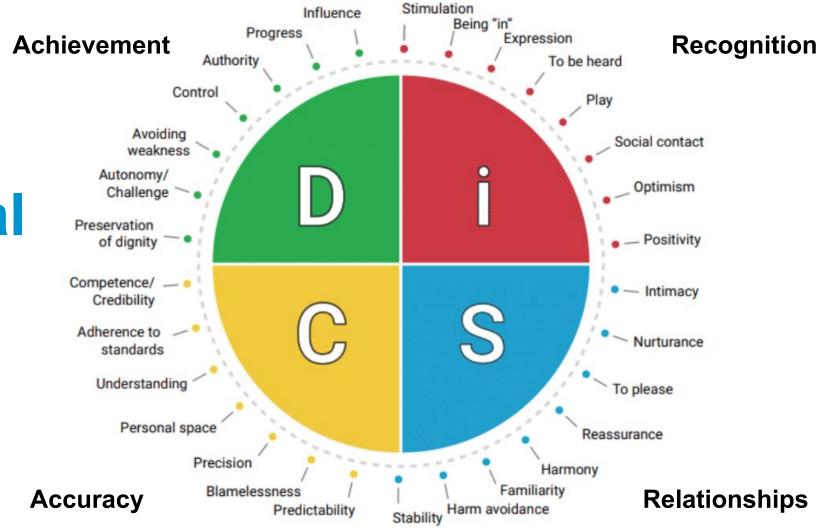






# **Psychological**

Needs

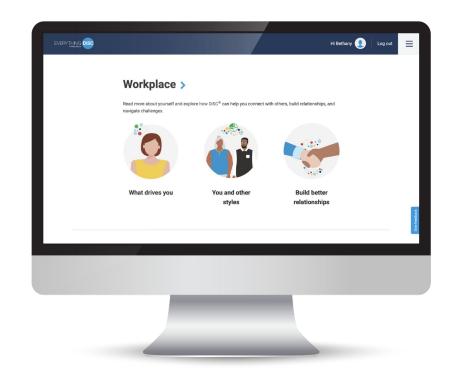








# **Catalyst**<sup>TM</sup>



- Customized to the individual
- Learning Modules
  - Self awareness
  - Empathy
  - Mutual Objectives
- Podcasts
- Videos
- Groups
- Conversation Starters
- Staff Directory





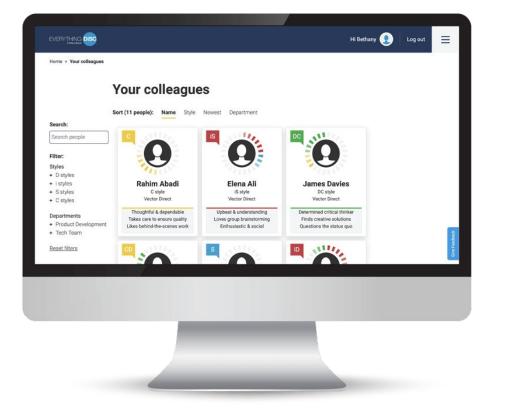


			Hi Mateo 🎩 Lo
A Home > Your colleag	ues > Dominic Perez		
2 Dominic Perez	Dominic Perez		Di
Your maps together	Production   KRT Industries		
Your similarities & differences	Dominic is confident and outspoken, e new ideas and unafraid to assert a po	Dominic has a Di style. You might've noticed that Dominic is confident and outspoken, enthusiastic about new ideas and unafraid to assert a position or take risks	
Compare your tendencies	to achieve results. And Dominic is pro in the center of the action. That's prett someone with the Di style.		6115
Working together			
	Dominic cares about: • having independence & control • achieving results quickly • being able to express opinions	Pull Dominic in when: • a conversation needs a candid voice • a no-nonsense approach is	Dominic may be stressed by: • wasting time • getting bogged down in
	freely	needed <ul> <li>an initiative needs drive &amp; determination</li> </ul>	routine tasks <ul> <li>lacking autonomy &amp; authority</li> </ul>

To understand how you and Dominic can better work together, start by checking out your DISC<sup>®</sup> maps side by side. How do your workplace priorities compare?









# Use DiSC<sup>©</sup> to Improve Peer to Peer Feedback



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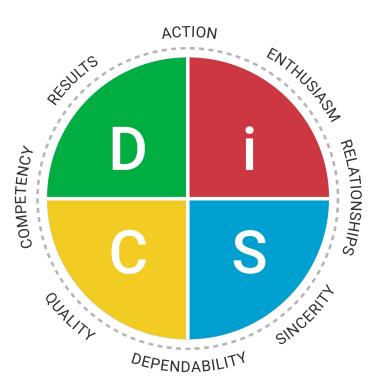




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# Frame Your Feedback For The Individual

- Get to the point
- Show how it helps achieve their results
- Keep it brief and direct
- Offer a sense of control in the situation
- Be prepared for pushback



- Be personable
- Show how it helps/affects people
- Focus on their accomplishments
- Frame in the positive
- Avoid too much detail
- Be prepared for them to gloss over it or brush it aside

- Slow down
- Be sincere & build rapport
- Show how it affects harmony or disruption
- Explain carefully
- Give assurances & support
- Be prepared for sensitivity

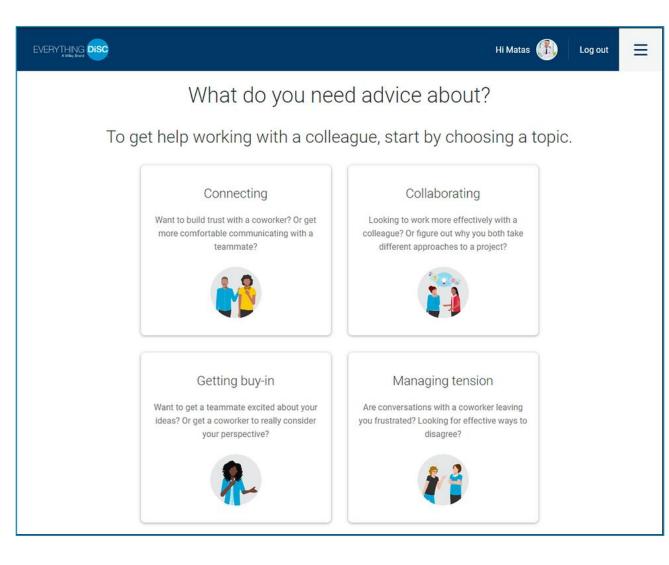
• Be logical

30

- Show how it impacts process, effectiveness, or efficiency
- Be formal, possibly in writing
- Provide details, examples, and data
- Be prepared to answer questions















# Use DiSC<sup>©</sup> to Improve

# Management

# Communications





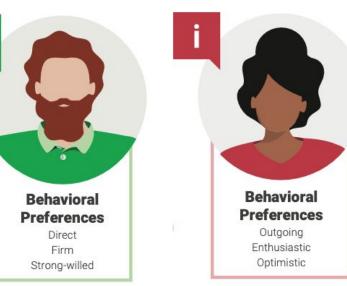


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### Managers' Blind Spots & What Their Teams Are Really Thinking

We're burned out We don't dare challenge the boss We don't take risks to innovate We waste energy covering our butts We hide our mistakes We don't trust the organization



We don't have the stability we need We move too fast and quality suffers There's a lot of big talk that goes nowhere Problems get glossed over Work feels chaotic We don't have the space we need to do our work

We get bogged down in over-analysis Lack of shared excitement for our work We don't feel like our hard work is appreciated We miss opportunities because we're too cautious Our processes are too rigid We don't feel connected to our teammates





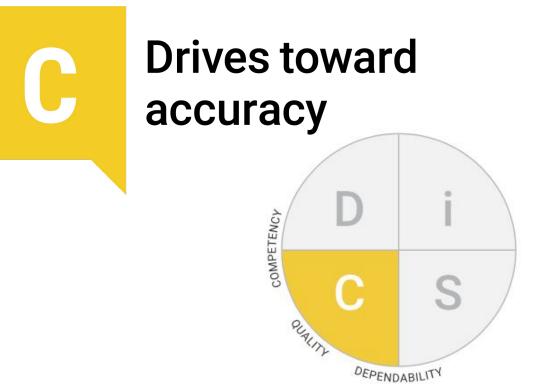
Problem behavior doesn't get called out We don't get the resources we need There's no sense of urgency We don't get the feedback we need to grow There's no support for big changes Decisions take way too long

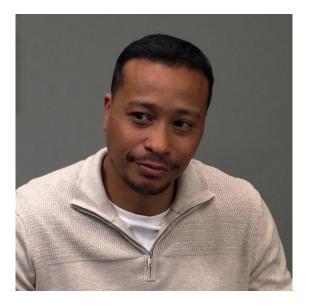
### **DiSC Can Help Them Rethink Their Approaches**





People with the C Style have high standards, tend to think things through, and want all the information necessary to do their job well.





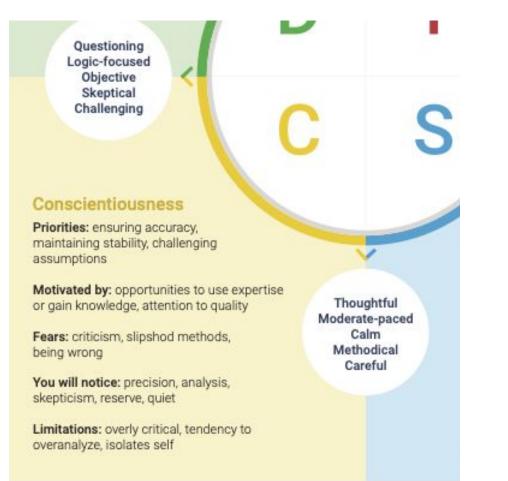
Dante is a C Style Employee



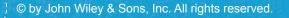




# **Recognize the C Style's Needs**

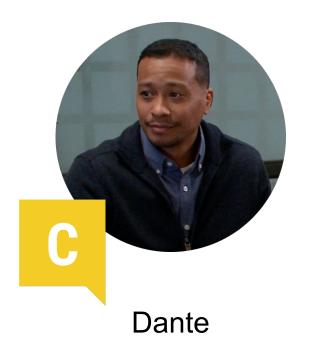






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## What was different?





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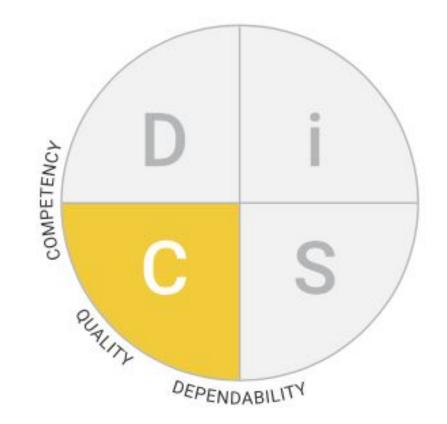




# **Understand the C Style**

## **C-Style Tendencies**

- Taking care to get things right
- Calling out when something doesn't work or make sense
- Tackling in-depth analysis and complex problems
- Thinking things through









# Tips for Adapting to the C Style

#### WORKING EFFECTIVELY WITH THE C STYLE

#### When Trying to Connect

- Talk to them about the objective, fact-based aspects of ideas and projects
- · Avoid pressuring them for an immediate decision
- · Expect skepticism

#### When Problems Need to Be Solved

- · Allow them time for careful analysis
- · Show appreciation for their logic
- · Don't let them get bogged down in the details

#### When Things Get Tense

- · Support your opinions with logic and facts
- Give them space to process the situation before confronting the issues
- Avoid using forceful or emotional tactics

#### Conscientiousness





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#### Management overview >

DiSC is a valuable tool for managers. It gives you insight into your own management approach. And it helps you understand when and how to adapt your approach to the people you manage. Get a quick overview of how it works.



### EVERYTHING DISC<sup>®</sup> MANAGEMENT ON CATALYST<sup>™</sup>

Catalyst.

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EVERYTHING DISC



### Your management style >

There's more than one way to be a good manager. DiSC sheds light on what *you* bring to this role your priorities and preferences, the parts you enjoy, and the moments that stress you out.

#### Direct & delegate >

You've got your own approach to directing and delegating. But the people you manage may have different ideas about how they want to be supported and empowered to do their work. Learn how to bridge the gap.





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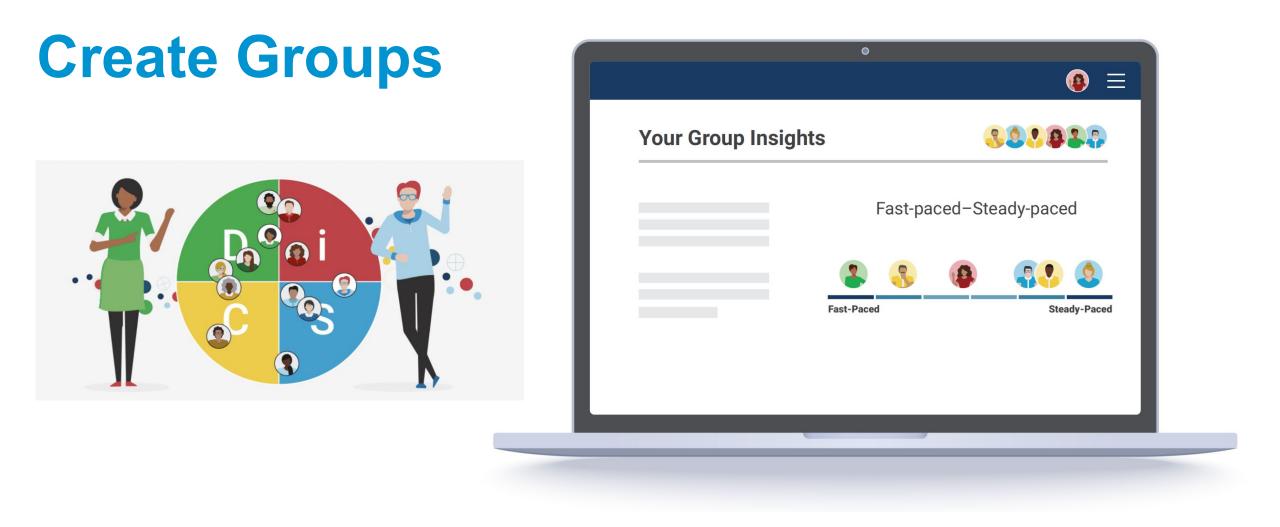
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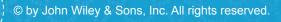




#### Motivation >

You can't motivate people. They have to motivate themselves. But as a manager, you *can* create an environment where it's easy for people to find their own natural motivation. Discover how DiSC can help.





43

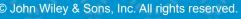




# Use DiSC<sup>©</sup> to Improve

# **Productive Conflict**



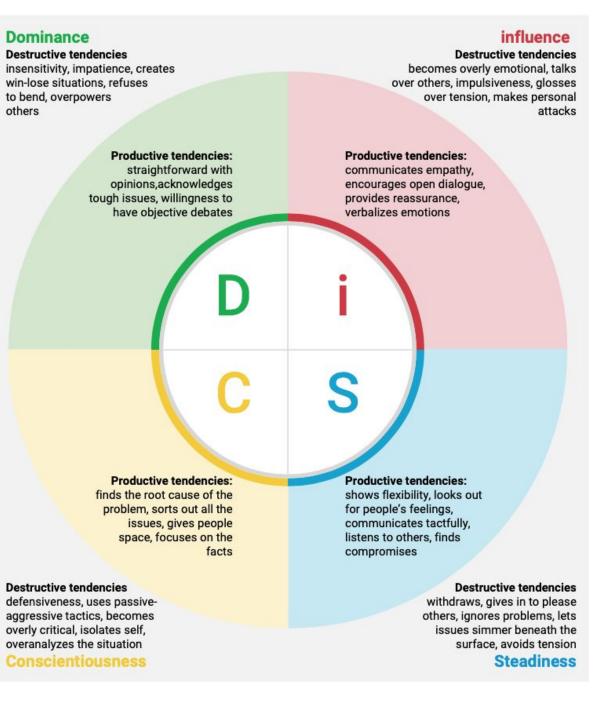




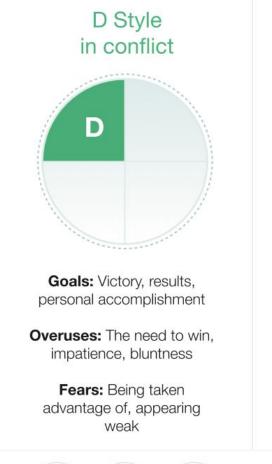
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## Can you recognize when your teammates go to silence or violence?









**Goals:** Approval, understanding, openness

**Overuses:** Passion, impulsivity, outspokenness

Fears: Rejection, not being heard, disapproval



**Goals:** Agreement, acceptance, peace

**Overuses:** Passive resistance, compromise

Fears: Letting people down, facing aggression



**Goals:** Fairness, rational decisions, accuracy

**Overuses:** Restraint, analysis, rigidness

Fears: Being wrong, strong displays of emotion





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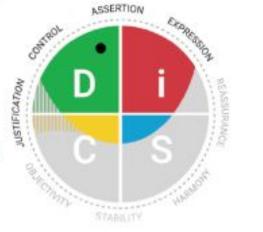


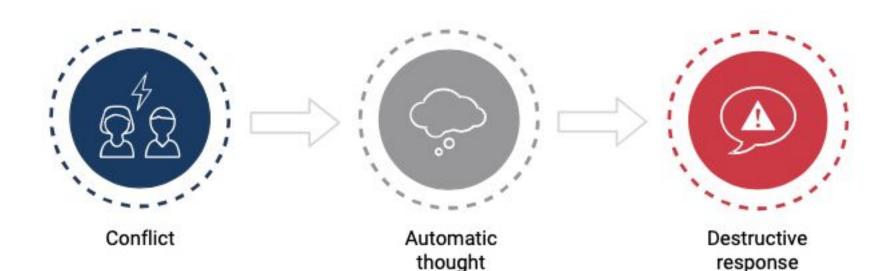


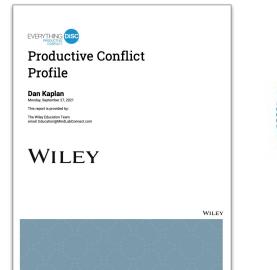
#### Your DiSC Style: Di

Judith, your dot and shading say a lot about how you respond in conflict. Because your dot is located in the D region, but near the i region, you have a Di style. Your shading indicates your priorities and where you focus your energy. During conflict, you prioritize assertion, expression, control, and justification.

As someone with the Di style, you're likely driven and ambitious, which can lead you to be **assertive** with your opinions. In conflict, you can often be quite direct and strong-willed. There is a healthy side to this trait because it lets others know when a line has been crossed. However, when you're angry, your assertiveness may turn into aggressiveness, which can intimidate others. This feeling of intimidation can erode trust and discourage your coworkers from communicating directly with you.







#### DEFENSIVENESS

#### Becoming anxious or protective in the face of criticism

For you and others with the CS style, even the slightest hint of criticism or blame may create an immediate sense of anxiety because it disrupts the stability and predictability that are so important to you. In fact, you may go out of your way to make sure you're *not* exposed to criticism. So if your sense of security is challenged in this way, you're more likely to assume a self-protective stance than to go on the offensive. When your brain is telling you the stakes are high, it may be tempting to cover up any vulnerabilities or weaknesses. Since you're unlikely to make a big scene, this behavior may be so subtle that to others it just looks like you're shutting down.

#### Automatic thoughts that may lead to this response:

- I shouldn't be blamed for this
- This isn't my fault



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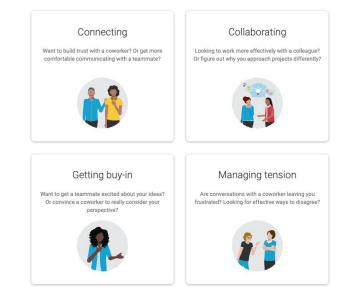
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**49** 

#### Hi Mateo 🌏 🛛 Log out

What do you need advice about?

To get help working with a colleague, start by choosing a topic.



#### Managing tension with Stephanie

So-what are some of the tendencies that could be causing tension between you and Stephanie?

Well, first of all, keep in mind that you're somewhat tactful, and Stephanie is very frank. That means Stephanie may feel pretty comfortable speaking up when they have an issue, while you're less likely to be straightforward about problems. You may sometimes feel like Stephanie is being too forceful and not taking the time to draw out your perspective.



You're somewhat tactful. Stephanie is very frank.

#### Mateo's tendencies:

#### Stephanie's tendencies:

- Finds a diplomatic way to convey information
- Tends to think before speaking
- May come across as somewhat vague or indirect at times
- Speaks directly and gets right to the point
- Tends not to hold back thoughts and feelings
- May come across as blunt or insensitive at times



Hi Mateo

 $\equiv$ 

Log out





# Use DiSC<sup>©</sup> to Improve

# **Emotional Intelligence**

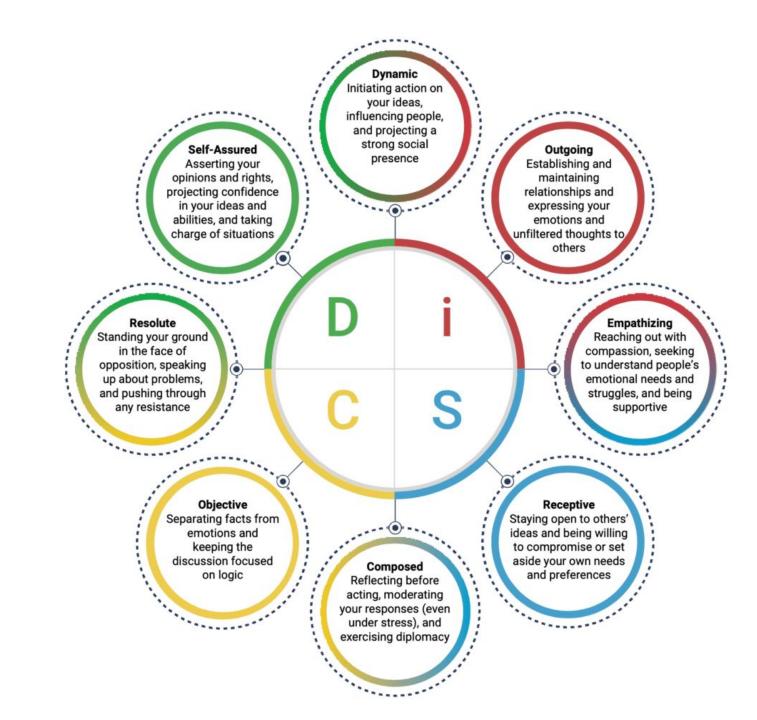




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# **DiSC Agile EQ**





A learning experience that equips people with the social and emotional know-how for more effective interactions at work...

#### No matter who or where they are.

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#### **Beyond your comfort zone** Receptive mindset Learning about the responses outside your comfort zone will help you understand when Composed mindset and why to use them. That's the first step in developing the agility to respond effectively to Objective mindset whatever situation or challenge you're facing. Resolute mindset Self-assured mindset Receptive mindset Staying open to others' ideas and being willing to compromise or set aside your own needs and preferences

6

11 Intro

#### An EQ introduction

Watch this video to learn more about EQ and DiSC.



#### What is EQ? >

Emotional intelligence, or EQ, is about reading the emotional and interpersonal needs of a situation and responding accordingly. Learn more about EQ and the different forms it can take.





#### Your EQ strengths >

Did you know that there are different ways to be emotionally intelligent? And that we all have certain EQ strengths? Discover where your strengths lie.

### Beyond your comfort zone >

If you never stretch beyond what's comfortable, you're going to miss out on more effective ways to navigate certain situations. Learning about responses outside your comfort zone is the first step to growing your EQ and becoming more agile.





#### Develop your EQ >

To develop your EQ, you need to reach for responses that may be uncomfortable or unfamiliar. Practice stretching to these responses with personalized tips and action steps.

# Use DiSC<sup>©</sup> to Improve

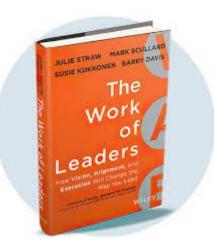
# **Leadership Communications**





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DAN KAPLAN

### Alignment > Clarity

#### HOW CLARITY DRIVES ALIGNMENT

When communicating with others, it's important to deliver a rational, structured message. Some leaders have trouble translating their great ideas into words. Others struggle to stay on topic or fail to relay the most important points. When people don't understand your vision, how can you expect them to get on board?

- · Clear communicators explain the reasoning behind their ideas.
- · When people understand a message, they can more easily buy in.
- · Consider thinking the message through all the way to the end.

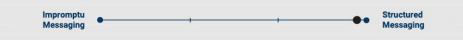
#### **EXPLAINING RATIONALE & STRUCTURING MESSAGES**

When we talk about driving alignment with clarity, we can look at two important **behavioral continua**, as illustrated by the graphics below. First, some leaders have a tendency to explain their rationale, and others offer their intuition. Also, some leaders tend to deliver structured messages, while others tend to deliver impromptu messages. In the context of clarity, the behaviors on the right-hand side of these scales are leadership best practices. Any movement toward explaining your rationale and structuring your message will help when you need to be clear to get people's buy-in.

Offer Intuition 

Explain Rationale

Dan, you tend to explain the rationale behind your ideas, so it's probably easy for you to convey a compelling message when it's time to gain others' buy-in. People probably appreciate being able to understand your logic and reach the same conclusion. Because you take the time to explain the data and reasoning behind the vision, people are more likely to trust what you say and understand how your decisions are in the best interest of the group.



You tend to structure your messages, and this probably helps you communicate a vision with clarity. You're intentional about how much detail to include, and you tend to keep distractions from your main message to a minimum. Leaders with your structured communication style usually take the time to fully develop and organize their thoughts before conveying them. Because you only include the key points and deliver them as clearly as possible, people are more likely to understand you, and this is an important step toward gaining buy-in.

Since you see yourself as inclined to explain your rationale and structure your messages, you may already be doing a good job of providing the clarity that others need.

### Alignment > Dialogue

#### HOW DIALOGUE DRIVES ALIGNMENT

One of the simplest ways to get others aligned around the vision is to engage them in a rich dialogue about the "who," "what," "why," "where," "when," and "how" questions. When leaders involve others in two-way conversations like this, it not only increases buy-in, but also gives leaders invaluable information.

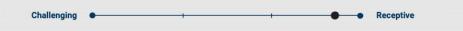
- · True alignment requires openness to others' ideas and concerns.
- · People want the chance to ask guestions and share their insights.
- · Dialogue helps leaders identify potential problems or disconnects.

#### **EXCHANGING PERSPECTIVES & BEING RECEPTIVE**

When we talk about driving alignment with dialogue, we can look at two important **behavioral continua**, as illustrated by the graphics below. First, some leaders have a tendency to exchange perspectives, and others present information. Also, some leaders tend to be receptive to input, while others tend to challenge new ideas. In **the context of dialogue**, the behaviors on the right-hand side of these scales are leadership best practices. Any movement toward exchanging perspectives and being receptive will help when creating an atmosphere of open dialogue.

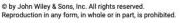


Dan, when conversing, you often encourage people to comment or ask clarifying questions. Rather than presenting information in a way that suggests no room for discussion, you gain people's alignment by going out of your way to solicit their opinions and feedback. Since most of your decisions as a leader affect everyone in your group, a two-way exchange of perspectives is likely to make people feel included and engaged.



You tend to be open-minded about others' ideas. People probably trust that if they bring their opinions and concerns to you, you won't criticize their ideas or make them feel incompetent. Because you're so receptive, you may help create a culture where people feel comfortable engaging in candid dialogue. When you remain open to ideas and concerns, not only are people more likely to give you honest feedback when you ask for it, but you're more likely to gain their alignment as well.

Since you see yourself as inclined to exchange perspectives and as receptive to ideas, you may already be doing a good job of facilitating the dialogue that others need.



13





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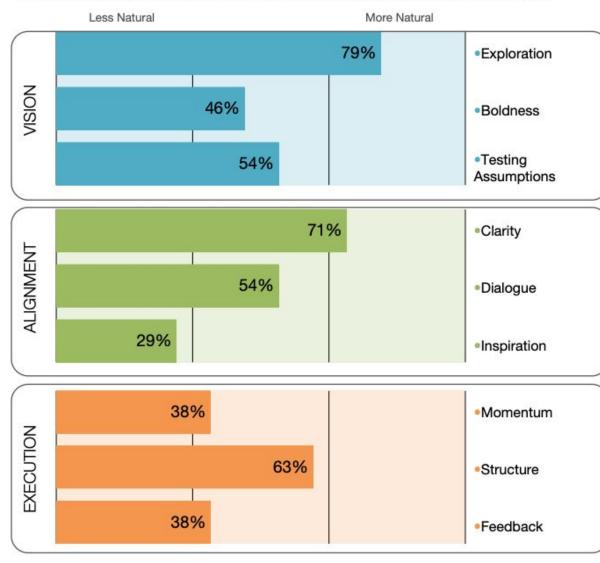


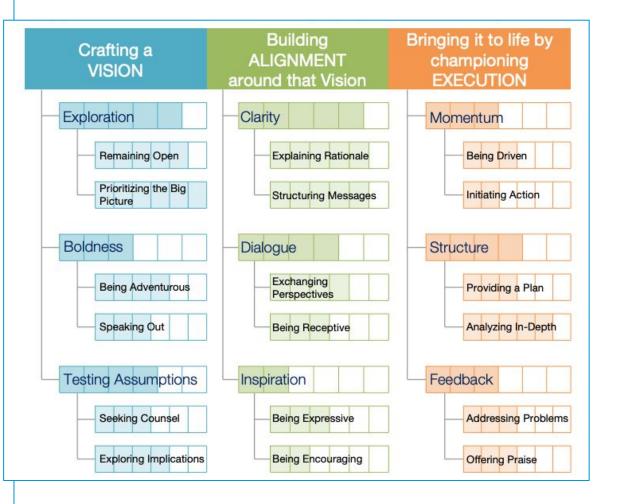
#### **GROUP SUMMARY**



#### What comes naturally to this group?

Below are estimates of how naturally each leadership driver comes to this group. These estimates are based on aggregate data, so specific individuals may differ from the group score. Furthermore, keep in mind that each of these leadership areas is also influenced by factors beyond the aggregate tendencies of its members.





# **Communicating Change**

# (& Cascading Messages)



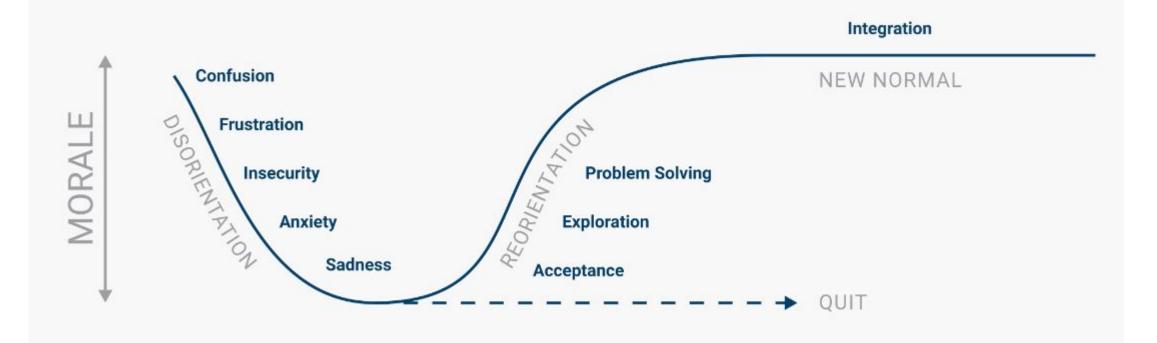
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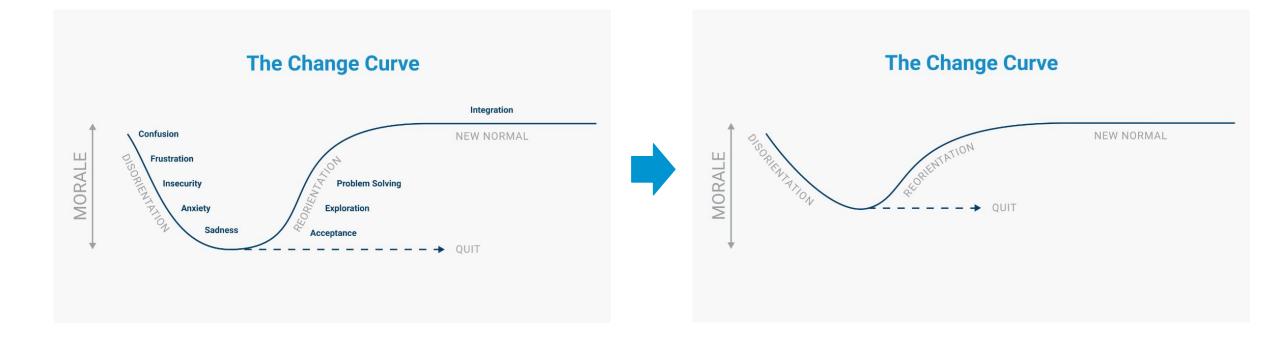
## **The Change Curve**







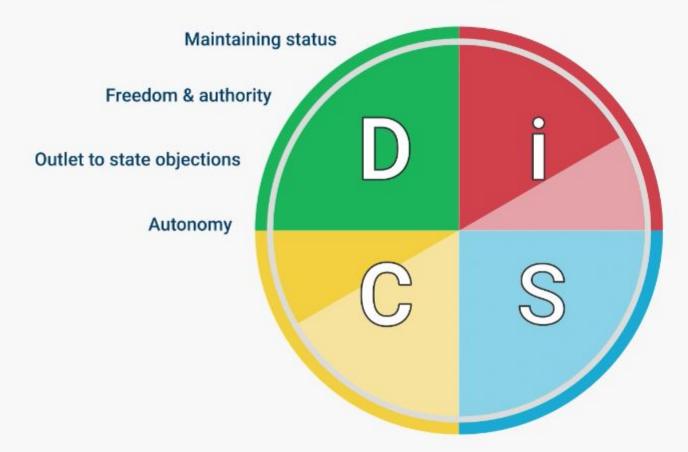








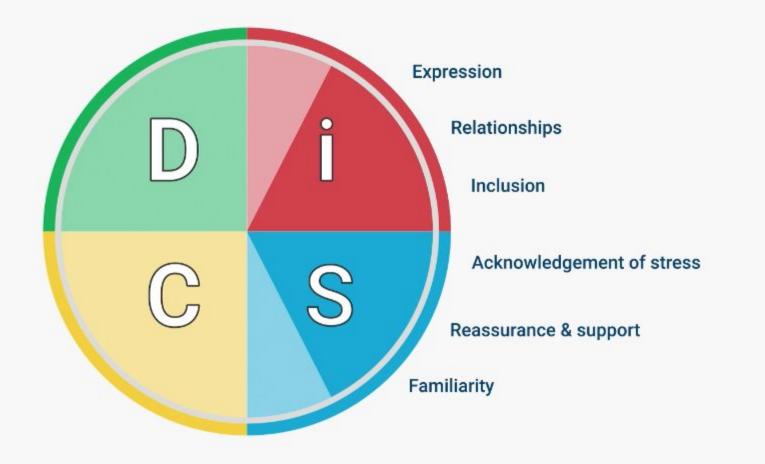
#### A voice in the conversation



### **CONTROL & AGENCY**



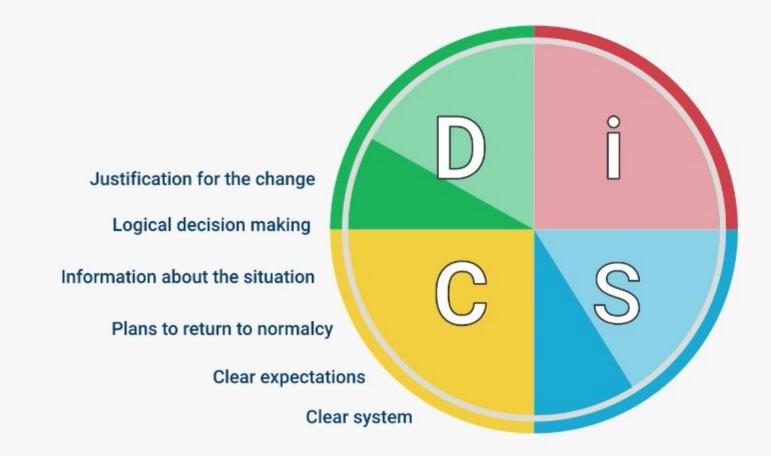




### CONNECTION







### **INFORMATION & UNDERSTANDING**





#### **CONTROL & AGENCY**

- Freedom & authority
- Maintaining status
- · A voice in the conversation
- Outlet to state objections
- Autonomy



#### **INFORMATION & UNDERSTANDING**

- Clear systems
- Clear expectations
- Plans to return to normalcy
- · Justification for the change
- Logical decision making
- Information about the situation

#### CONNECTION

- Expression
- Relationships
- Inclusion
- Acknowledgement of stress
- Reassurance & support
- Familiarity

#### **STABILITY & SAFETY**

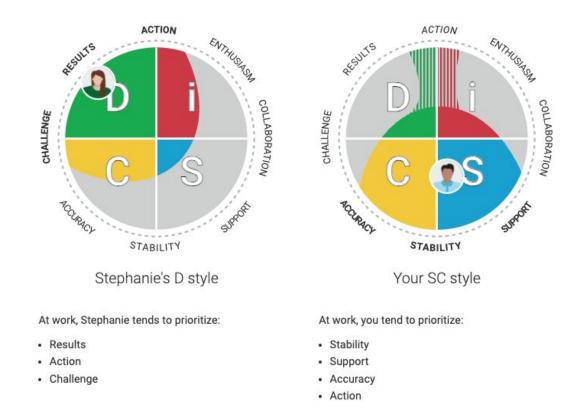
- Predictability
- Confidence things will work
- Privacy & space to adjust
- Freedom from pressure





#### Your maps together

To understand how you and Stephanie can better work together, start by checking out your DiSC<sup>®</sup> maps side by side. How do your workplace priorities compare?







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fighting Apr 13, 2021



The virtual elevator pitch



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to you

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If you're overwhelmed, take a break





7 tactics of unfair fighting

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Interrupt gracefully Apr 09, 2021



3 ways to end an argument productively

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Mar 09, 2021

dialogue with someone I don't respect?



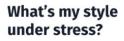
Intention influences everything

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Mutual respect is up

An apology can keep you in dialogue









Mutual purpose is the super-intention

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#### Workshops & Assessments

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